

## HOW TO SHELTER IN PLACE

## **FOLLOW THESE STEPS:**

- **1. If there are any visitors in your office**, instruct them on shelter-in-place protocols for your office.
- 2. Gather everyone in the designated shelter-inplace area, secured and with locks on the doors.
  - •In a natural disaster or radiological release, the safest location is the room on the lowest level, or underground, and in the interior-most part of the building.
  - •In the event of a chemical or biological disaster, the area should be an interior, windowless room on the highest floor of the building. Most hazardous agents are heavy enough to slowly settle to the ground.
- 3. If your office is in a mobile unit, a plan must be developed in advance specifying a nearby building to seek shelter in.
- **4. Shut off all HVAC systems** and fans. If there is no other room other than the one with windows, cover or block them.
- 5. Encourage everyone to reach out to their emergency contact, informing of their location.
- 6. Have an emergency kit available.
- **7. It is beneficial to have a land-line phone** along with a battery-operated radio and television in this safe room for efficient and reliable communication.

